



# DESIGN. CULTIVATE. CELEBRATE

***We are inspiring communities across North America to:***

- » Transform lawns and community spaces into edible, self-maintaining landscapes
- » Support local, small-scale sustainable farms and design community food systems
- » Eat well and value healthy, nutritious foods
- » Learn how to increase energy, awareness and effectiveness through meditation
- » Live life as a celebration

**Join us for a fun, knowledge-rich and practical 2-day workshop focusing on sustainable agriculture, health and community building.**

For more information and to register, visit:

**[WWW.DEEPENINGROOTS.ORG](http://WWW.DEEPENINGROOTS.ORG)**

