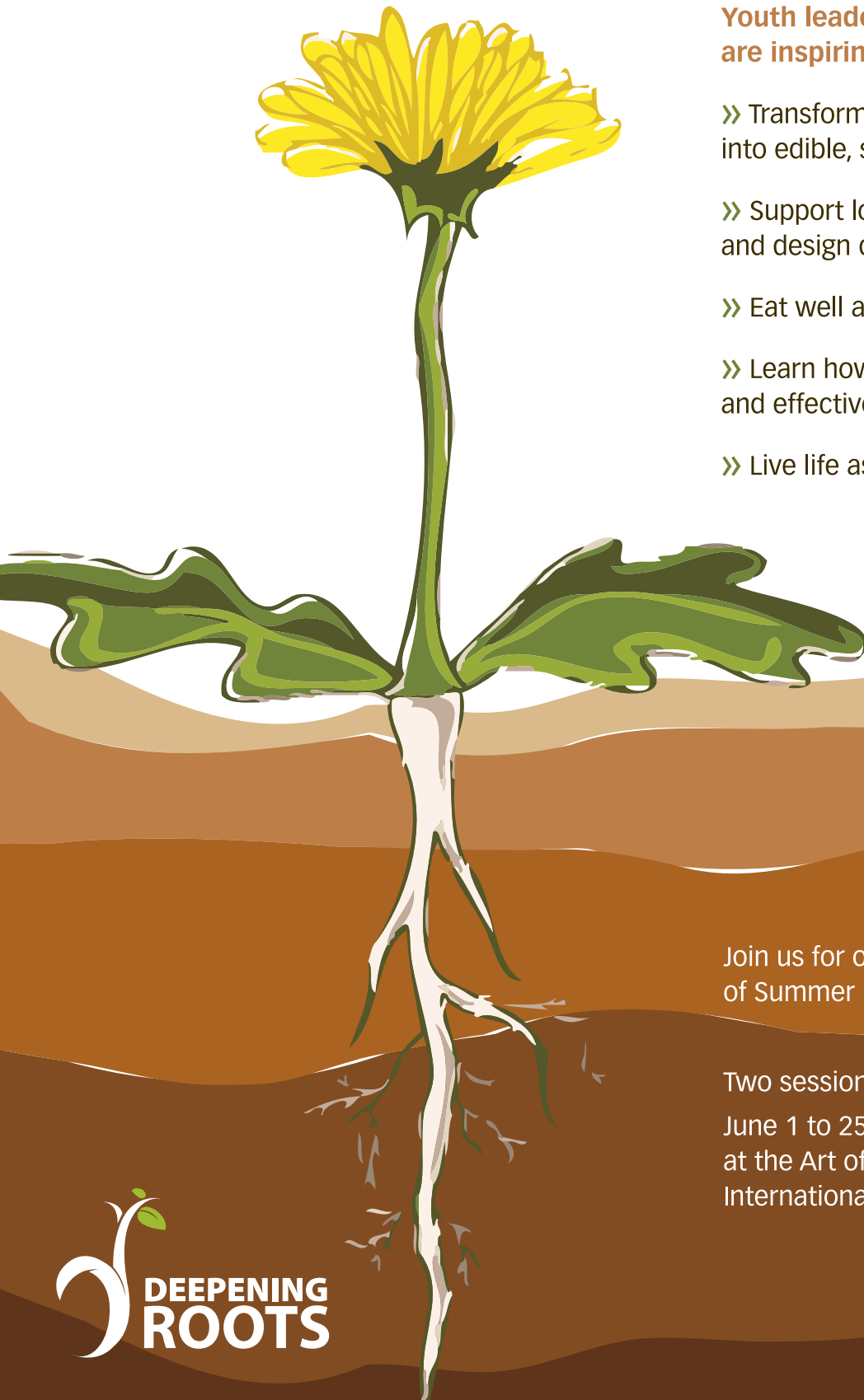


DESIGN.CULTIVATE.CELEBRATE



Youth leaders across North America are inspiring communities to:

- » Transform lawns and community spaces into edible, self-maintaining landscapes
- » Support local, small-scale sustainable farms and design community food systems
- » Eat well and value healthy, nutritious foods
- » Learn how to increase energy, awareness and effectiveness through meditation
- » Live life as a celebration

Join us for our 5th exciting year of Summer Intensive Programs.

Two sessions to choose from in 2010:
June 1 to 25 and June 27 to July 22
at the Art of Living's beautiful International Centre in Quebec.

